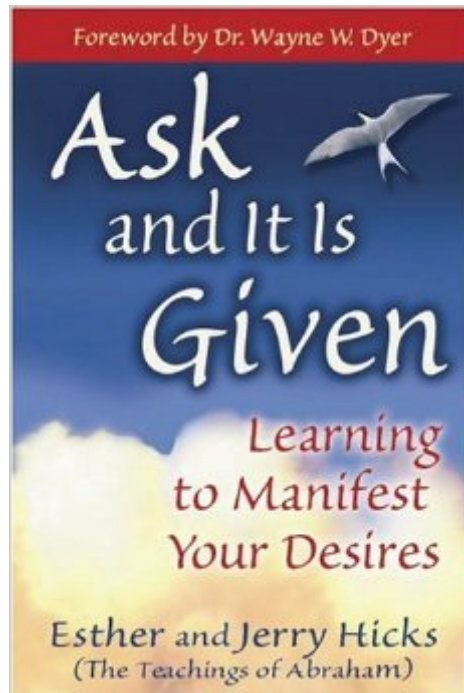


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# Ask And It Is Given: Learning To Manifest Your Desires



## Synopsis

Ask and It Is Given, by Esther and Jerry Hicks, which presents the teachings of the nonphysical entity Abraham, will help you learn how to manifest your desires so that you're living the joyous and fulfilling life you deserve. As you read, you'll come to understand how your relationships, health issues, finances, career concerns, and more are influenced by the Universal laws that govern your time/space reality; and you'll discover powerful processes that will help you go with the positive flow of life. It's your birthright to live a life filled with everything that is good; and this book will show you how to make it so in every way!

## Book Information

Hardcover: 320 pages

Publisher: Hay House; 8/28/05 edition (October 1, 2005)

Language: English

ISBN-10: 1401907997

ISBN-13: 978-1401907990

Product Dimensions: 9.2 x 6.3 x 1.2 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (1,413 customer reviews)

Best Sellers Rank: #62,243 in Books (See Top 100 in Books) #45 in [Books > Religion & Spirituality > Occult & Paranormal > Parapsychology > ESP](#) #321 in [Books > Religion & Spirituality > New Age & Spirituality > New Thought](#) #1087 in [Books > Self-Help > Motivational](#)

## Customer Reviews

I'll be honest -- I don't know what to think of the claim that Esther Hicks is channelling non-physical entities. I initially resisted buying this book because I am cautious around such claims of supernatural inspiration. But I respect Wayne Dyer and other great thinkers who praised this book, so I decided to give it a try. I'm glad that I did. This is one of the most powerful books on manifesting your dreams that I've ever read. Every paragraph contains deep truths that just feel intuitively right. This book is especially effective in showing how our emotions are the key to understanding whether we are on the road to success or failure in manifesting our desires. The exercises are both fun and deeply practical. I particularly like the exercises involving the "Magical Creation Box" and "The Prosperity Game." They make you feel young again -- your imagination is activated and everything suddenly feels possible. I don't know whether the origin of this book is supernatural, nor do I care. The message is true and the exercises work. Try it for yourself. It will change your life.

The most important thing that I think everyone should know about this book ( and something that I think more reviewers should mention ), is that it really seems to work! I've had my copy now for about a year and I carry it with me everywhere. When I first read it I was very put off by the idea of all this information coming from a non physical entity being channeled by Ester Hicks and I almost laughed it off completely, but the concept was so inspirational that I decided to give some of the exercises a shot in spite of myself. The events that followed were absolutely unbelievable. So many coincidences and manifestations have occurred that I can't list them all. Let me make it clear that I am a natural skeptic and would not put my faith and trust in anything without considerable concrete proof. But as my list of occurrences that can not possibly be coincidences grows, I'd be in denial not to think that there's something to all of this. I do not exaggerate when I say my life has become amazingly happy, and I have to give credit where credit is due. I know it sounds completely implausible and absurd to any rationally minded person reading the book and all of our reviews, so I say to you, don't believe me or anyone else, just get a copy for yourself and really really try it. The more you believe it the faster it works. you really do have to FEEL what it feels like to have what you want and the more you can feel it and believe that it is coming the faster it will. Things and events are now taking weeks instead of months for me. To anyone reading this I would love to hear in your reviews how it has WORKED for you and not just how much you were inspired by the message. To all reading the book, be consistent and patient because IT WORKS!

This is the first time I've ever felt the need to write a review, but this book is so amazing I just had to add my opinion. Over the past couple of decades, I've accumulated a huge library of metaphysical and self-help type books, and this book is by far the best of all of them. I now think that all the other, human, authors had only pieces of the bigger picture - but Abraham has it all. Abraham is a group of channelled non-physical consciousnesses, and as such, they possess a degree of credibility that human writers lack, since they have a broader perspective that is uncontaminated by human cultural baggage and distorted individual belief systems. This is an extremely positive, uplifting, empowering book. It is free of dogma and all concepts of lack and limitation. The basic message is - life is supposed to be fun, and you can create your life in any way you desire, by changing your emotions and thoughts. It totally lacks the limiting and disempowering ideas that are found in so many books in this genre, and in fact it turns them on their head. So many writers teach silly things like "desire is bad/unspiritual" - in Abraham's view, desire is the basis of the universe, and they encourage the cultivation and joyful fulfillment of desire. Their view of life is radical, joyous and

extremely refreshing - they know that we are energy beings enjoying our time in physical bodies, and that the physical world (which is really just a denser level of energy, but still formed by thought) is not something to be endured, while learning hard 'lessons', or proving our worthiness for a better life after death. On the contrary - we are leading edge creators - we are aspects of God (although thankfully they don't use the word 'God' much, recognising that it is too much of a loaded term for many people), and it is through joy, fun and fulfilling our desires that we can create the physical life and experiences that we want, and it is by this process that the universe/Source/God expands and evolves. The book is divided into 2 parts - the first half focuses on the 'theory', and is very motivational, in addition to clearly explaining the concepts behind deliberate reality creation. The second half is a large and wonderful collection of techniques for putting it all into practice, and creating measurable results in your own life. Everyone will find something of benefit here, regardless of where you are in your life, or your current emotional state. I've only been working with the Abraham materials for less than 3 months, but I've experienced radical improvement in every area of my life as a direct result. In fact, I now think of my life in terms of 'before' and 'after Abraham', because I really feel, think, behave, manifest and live as a different person now that I've 'raised my vibration'! If you only buy one personal growth book this year, make it this one - it's the first book I've read that I don't have a single bad thing to say about! It won't be good for everyone of course, but if you feel intuitively drawn to this book - buy it! (and then check out their other books & the material on their sites - I just don't have enough positive adjectives to describe how great they are!)

The Hicks along with Abraham put it all together in this book. Most books (on any given topic, not just abundance) give you ideas and inspiration, but are not easy to figure out how to implement. In other words, many how-to books don't truly show you how-to. This one does. It gives you IMMEDIATELY USABLE and USEFUL INSTRUCTIONS. The last part of the book lists 22 processes that you can use to attract what you want, explaining EXACTLY when to use them, and how. There's something for any situation you may find yourself in. I would trade ALL of the other manifestation books in my library for just this one. It's that good, that easy, and that useful!

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